

# Spring Highlights!



## "Tall Cop" Training with Jermaine Galloway

Our coalitions attended the Tall Cop: High in Plain Sight training, covering an array of topics including the relationship between drugs, alcohol, and violence. We learned about marketing strategies of drug and alcohol products, how to conduct a community scan of advertising and retailers, and about the effects of some over-the-counter drug products. The coalitions plan to use this knowledge to conduct our own community scan. For more information about Tall Cop visit: [www.tallcopsaysstop.com](http://www.tallcopsaysstop.com)

## Montana Institute Conference

Members of the Harbor Strong & MyTOWN Coalition attended the Montana Institute Conference in Big Sky, Montana in June 2023. They learned about the development of positive social norms messaging that are effective in the prevention of youth substance use.

The coalitions will use what they learned to implement positive social norms into existing or new campaign messaging provided to parents and students in Aberdeen and Hoquiam. The coalition members also plan to use youth and parent voice in the development of these messages.



Photo description: Haley Falley, Coalition Coordinator (front left); Desiree Lindgren, Harbor Strong Coalition member (back left); & Angela Crowley, Harbor Strong & MyTOWN Coalition member (back right) take a break from the conference to enjoy view of Lone Mountain in Big Sky, Montana.

## MEGA BRAINS!



Pictured Left to Right: Rob Molina, YCCTPP Program Manager; Cassie Lentz, Healthy Places Division Manager; Haley Falley, Coalition Coordinator; & Jessica Molina, Coalition Support

In efforts to prevent and raise awareness about substance use, Harbor Strong and My Town coordinated with local schools to bring the Medical Inflatable exhibits to our area. The "mega brain" — featuring blinking light displays, educational signage and life-like aesthetics — allowed students to interact in a 3D lesson on the harmful effects of substance use on brain functions. Thank you to Central Elementary, Ocosta Jr/Sr High School and Miller Junior High for hosting! Check out these articles:

- [Daily World - Bringing in the big brains](#)
- [ASD5 News - This is your brain](#)

## Stay Connected!



Harbor Strong Coalition - Aberdeen  
[f @Harbor Strong Coalition](#)



Elevate East County Coalition - Elma  
[f @Elevate East County](#)



My TOWN Coalition - Hoquiam  
[f @My TOWN Coalition](#)

## BENEFITS OF JOINING A COALITION:

**Join Us!**

- Support youth health & well-being
- Engage with the community
- Free training opportunities
- Learn skills to increase family bonding
- Raise awareness
- Positive activities for youth
- Leadership opportunities

## Partners for Healthy Communities

### Community Prevention & Wellness Initiative

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences.

CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.



## Stay Connected Continued...

- **Elevate East County Coalition Meeting** - Coalition meetings are held every 2nd Monday of the month from 1:30-2:30PM. Zoom link is posted at [facebook.com/ElevateEastCounty](https://facebook.com/ElevateEastCounty).
- **My TOWN Coalition Meeting** - Coalition meetings are held every 3rd Wednesday of the month from 1-3PM. Contact [health@graysharbor.us](mailto:health@graysharbor.us) for details.
- **Harbor Strong Coalition Meeting** - Coalition meetings are held on the last Friday of every month from 10AM-12PM. Contact [health@graysharbor.us](mailto:health@graysharbor.us) for details.

## Fun at the Friday Market!



Check out the Youth Booth! Games, craft activities, new skills, open mic, community service and friends all in your town! 2-4PM on Fridays between June 30 & August 25. Free to attend! No registration necessary! Drop in for a few minutes or a couple hours.

Elma Chamber of Commerce  
222 W Main Street.